

## ALMIGHTY BASKETBALL RULES

RULE	K4 5-Coed	Coed-6	B7 8 & G7 8 9	B9 10
<b>Basketball Size</b>	27.5	27.5	27.5	28.5
<b>Goal Height</b>	7 ft	8 ft	8 1/2 ft	9 ft
<b>SCORE IS KEPT</b>	NO	NO	YES	YES
<b>Defense</b>	2-2 ZONE ( <i>use Black Dots</i> ) -see K4 5 grid	2-2 ZONE ( <i>use free-throw lane</i> ) -see C6 grid	1-2-2 ZONE -2 players may enter lane for backside help -see B7 8 grid	ANY ZONE DEFENSE -no motion/position limitation in lane
<b>STEALING OF BALL FROM DRIBBLER ALLOWED</b>	NO	NO	NO	YES
<b>STEALING OF PASS ALLOWED</b>	YES	YES	YES	YES
<b>BLOCKING SHOTS</b>	NO	NO	NO	YES
<b>VIOLATION CALLED FOR TWO HANDS ON THE BALL WHILE DRIBBLING</b>	NO (Coaches will encourage proper mechanics)	NO (Coaches will encourage proper mechanics)	YES*	YES
<b>DOUBLE DRIBBLING (STOPPING AND RESTARTING) RESULTING IN A TURNOVER</b>	NO (Coaches will encourage proper mechanics)	NO (Coaches will encourage proper mechanics)	YES*	YES
<b>TRAVELING CALLED RESULTING IN A TURNOVER</b>	NO (Coaches will encourage proper mechanics)	NO (Coaches will encourage proper mechanics)	YES*	YES
<b>FEET SHUFFLING DURING SHOT SET-UP CALLED AS A TRAVEL</b>	NO	NO	YES*	YES
<b>FAST BREAKS ALLOWED OFF LOOSE BALLS, MUFFED PASSES OR DRIBBLES</b>	NO	NO	YES	YES
<b>FAST BREAKS ALLOWED OFF OF MADE BASKETS AND/OR REBOUNDS</b>	NO	NO	NO	YES
<b>3-SECOND VIOLATION</b>	NO	NO	NO	NO
<b>Full court press</b>	NO - Defense is played behind the free throw line extended		NO - defense is played behind the free throw line extended w/exception of top defender in the box	NO - defense is played behind the half-line
<b>BACKCOURT VIOLATION CALLED</b>	NO	NO	NO	NO
<b>FREE THROWS</b>	NO	NO	NO	NO
<b>COACHES</b>	NO REFEREE Coaches officiate their games.		REFEREE PROVIDE Coaching from bench area	
<b>*11 yrs and up play full court basketball according to NFHS rules (<i>some league adjustments</i>) with four 8-minute quarters.</b>				