



Almighty Sports is committed to keeping our athletes and employees safe as they participate in our sports programming.

Below are the policies we are following to keep everyone safe. We are following the [CDC Guidance for Youth Sports](#). These guidelines could change pending updates from the CDC or the Oklahoma State Department of Health.

1. If you are not feeling well, please **STAY HOME!**
2. If you have been exposed to anyone with COVID-19 you should self quarantine and/or self-monitor. Please be sure to ask the following questions on behalf of your entire group before attending:
 - Am I showing any flu-like symptoms?
 - Have I had a fever of **100.4** or higher in the past 14 days?
 - Have I had prolonged exposure to someone who has tested positive for COVID-19 or is awaiting the results of a test?
 - Is there any medical reason why I believe I shouldn't be around others?

If you answered yes to any of these questions, we ask that you please stay home.

What you need to know

- Stay home if sick.
- Players should bring their own equipment.
- Reduce physical closeness and keep 6 feet of space between players when possible.
- Masks are optional for players and parents as we will be in an open-air environment. However, we do encourage social distancing and players and/or parents should feel free to wear a mask as needed.
- Players should clean their hands before and after practices, games, and after sharing equipment.
- Tell a coach or staff member if you don't feel well.
- Please encourage players to eliminate or minimize spitting.
- Cover your coughs and sneezes. In addition, when coughing or sneezing, use a tissue or the inside of your elbow.
- We are operating team sizes at a somewhat reduced level based on each age grouping.
- Travel Guidelines - If you travel on a vacation please notify our staff.
- By nature, the game [soccer] requires contact with the ball and some physical contact. Coaches, players, and parents should be mindful of these factors.
- The Almighty Staff will sanitize/disinfect practice equipment at the end of each day of practice and between and at the conclusion of each game on game day.
- Hand sanitizer will be made available at the equipment shed on game days.
- Due to the fact that practice/games will occur in an outdoor venue, we will not complete temperature checks.
- We will not limit parent/sibling viewing of games or practices at this time, however we do encourage social distancing of all spectators. We will have specific protocols on game day to protect players, coaches, and referees.

We all must remain vigilant and follow proper social distancing guidelines.